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| RISK ASSESSMENT: Office Based Duties |  | LOCATION: Headquarters, Bridgend |

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| COMPLETED BY: 50660 Sharon James  DATE COMPLETED: 01/04/21  REVIEW DATE: 01/04/22 |  | OTHER RELEVANT RISK ASSESSMENTS: |

Office duties

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| Work Activity | |  | Risk |  | In | Further Action Required | |
| Ref  No | Description | Hazard | (H-M-L) | Control Measures Required | Place | By when | Person responsible |
| 1. | Dealing with members of the public | Isolated location, lone working  Personal Safety | M | * Provision of adequate and secure work environment * All staff to receive training for emergencies or unusual situations * Introduce “safe and sound” procedure * Investigate whether swipe machine could be put onto right hand side of the entrance so that staff will not need to get out their vehicles to access the complex. * Installation of automatic external lighting when gates open. Ensure external and internal building is kept well lit at night. | * Provision of a |  |  |

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| Work Activity | |  | Risk |  | In | Further Action Required | |
| Ref  No | Description | Hazard | (H-M-L) | Control Measures Required | Place | By when | Person responsible |
| 2. | Dealing with colleagues/ telephone/ computer equipment | (Physical and mental fatigue, illness and stress caused by)   1. overcrowding 2. overload | L | Ensure that total volume of room when empty (using 3 metres as a mean height) divided by the number of people working in it, is at least 11 cubic metres.  Limit access to area   * Provide support at peak periods * Ensure adequate rest and meal breaks and suitable cover by a competent person(s) during these periods * Develop safe system of work to manage resources * Monitor at regular intervals the workload by spot checks and rota system * Monitor sickness absences through examination of quarterly reports (as a minimum) |  |  |  |
| 3. | Access/Egress | Slips, trips falls | L | Keep entrances and corridors clear of obstructions  Inspect areas regularly |  |  |  |

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| Work Activity | |  | Risk |  | In | Further Action Required | |
| Ref  No | Description | Hazard | (H-M-L) | Control Measures Required | Place | By when | Person responsible |
| 4. | Use of VDU Equipment | Working position:  (Causing back ache, neck discomfort and longer term musculoskeletal disorders etc.)  Equipment/environment causing eye watering, headaches, tiredness and visual fatigue. | M | * Carry out an assessment with each user under the Health and Safety (Display Screen Equipment) Regs 1992 in order to identify and remedy any:   ° incorrect seating arrangement  ° insufficient work area, worktop or equipment  ° incorrectly positioned display screen or key board  ° screen glare or flicker.   * Provide staff with regular breaks and changes in activity * Monitor through health surveillance by managers * Encourage staff to raise concerns   Repeat assessment whenever staff, equipment or layout change  Ensure "Users" are aware of the entitlement to request an eye and eyesight test and provide those who request one with an appropriate eye and eyesight test and any special corrective spectacles or appliances which may be prescribed for VDU use by the optician |  |  |  |

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| Work Activity | |  | Risk |  | In | Further Action Required | |
| Ref  No | Description | Hazard | (H-M-L) | Control Measures Required | Place | By when | Person responsible |
| 4. | Use of VDU Equipment | Ill health and stress due to working environment, pressures and hours of work |  | Supervisors to:  ° monitor and analyse sickness reports, and  ° where necessary liaise with Health Care and Safety Team |  |  |  |
| 5. | Office Duties | Fire/smoke  Fire caused through overheating or short circuiting of electrical equipment | L | * Current fire risk assessment available at premises * All staff to received written information in relation to emergency procedures * All staff to receive fire evacuation training * Designated fire wardens to receive practical fire safety training * Ensure provision of suitable and sufficient notices * Annual testing of extinguishing equipment * Weekly testing of alarms * Monthly check of emergency lighting * Procedure for evacuation displayed and a fire drill every six months * Prior to purchase assess integrity of all work equipment * Ensure that electrical equipment is properly maintained and regularly inspected and tested for safety. * Portable Appliance Testing * Fixed Wire testing every 5 years |  |  |  |
|  | Office Duties  (cont.) | Inadequate lighting | L | Ensure that lighting is sufficient to allow safe movement and working without eyestrain. (Recommendations on lighting levels for different tasks are published by HSE – see HSG 38 “Lighting at Work”) |  |  |  |
|  | Office Duties  (cont.) | Poor ventilation | L | Ensure that the fresh air supply rate does not normally fall below 5-8 litres per second per occupant |  |  |  |

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| Work Activity | |  | Risk |  | In | Further Action Required | |
| Ref  No | Description | Hazard | (H-M-L) | Control Measures Required | Place | By when | Person responsible |
|  | Office duties (cont.) | Excessive heat or cold | L | Install thermometers and take steps to ensure that the working temperature is reasonably comfortable and does not fall below 16 degrees celsius.  Where the temperature in a room is uncomfortably high, steps should be taken to achieve a reasonably comfortable temperature, for example by:   * Insulating hot pipes * Providing air-cooling plant * Shading windows * Siting workstations away from heat sources * Local cooling * Adequate supply of drinking water * a system of work (for example, task rotation) to ensure that the length of time for which individual workers is exposed to uncomfortable temperature is limited. |  |  |  |
|  | Office duties  (cont.) | Poor standards of hygiene | L | Inspect regularly to ensure that maintenance of premises and equipment is ongoing and a satisfactory standard of hygiene is maintained. |  |  |  |
|  | Office duties  (cont.) | Slips, trips and falls caused by   1. poor cable management due to insufficient power sources 2. unsafe floors | L | Inspect regularly to ensure  sufficient power sources are provided and  floors are free from holes or uneven surfaces.  Staff to be informed of system for reporting such faults |  |  |  |
| 6. | Dealing with Stationery | Manual Handling | L | * Undertake Manual Handling Assessment. * Change the system if significant risk of manual handling injury e.g. store stationery on ground level * Provide mechanical assistance such as trolley * Provide Manual Handling training, if appropriate |  |  |  |
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| Signature of assessor: Sharon James  Name and rank: Sharon James P06  Date: 01/04/2021 |  | Signature of head of division/department: Andrew James  Name and Rank: Andrew James P07  Date: 01/04/2021 |